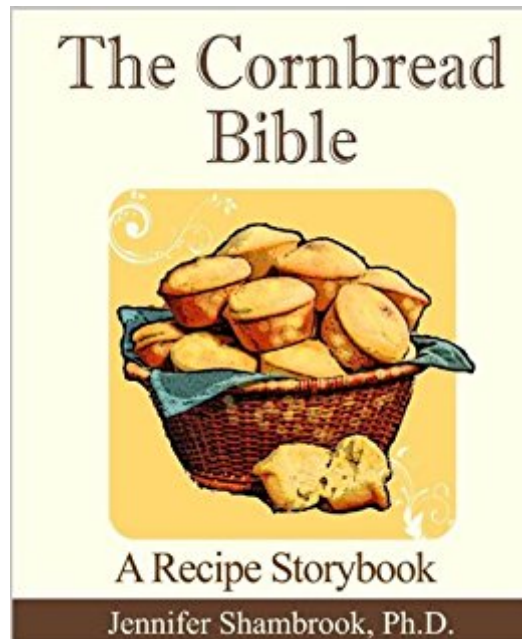




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# The Cornbread Bible: A Recipe Storybook



## Synopsis

Top Rated Best Seller  
In *The Cornbread Bible: A Recipe Storybook*, Dr. Jennifer Shambrook not only shares recipes for some great, low-cost, Southern cooking, but also shares the stories behind the recipes. The people who created the recipes and the people for whom the recipes were created populate this recipe storybook. Dr. Shambrook is a comfortable storyteller and you will find yourself relating these stories as your family or guests eat the down home recipes you prepare from this book. With *The Cornbread Bible*, you will find it very easy to be a good cook. You will also find these recipes to be very easy on your food budget. Shambrook cooks with an eye to saving time, effort, and expense. The book offers both recipes and the principles behind the recipes. This enables you to follow step-by-step as you learn the principles, then use these recipes for inspiration to create your own delicious cornbread dishes. There are also basic general tips such as how to care for cast iron cookware or tell when your oil is hot enough to fry a hushpuppy or corndog. Included in the book are a variety of breads, including many gluten free options. But you will learn about a lot more than bread! You will learn to make side dishes (greens with cornmeal dumplings), main dishes (pot roast pie), and an easy, delicious recipe for gluten-free corndogs. There are recipes for breakfast, lunch and dinner. You will enjoy reading the stories behind the recipes as you learn to fry hushpuppies, make the Chihuahua Muffins, or cook hardy cornbread-topped entrees. One of the best chapters in the book is the section on creating cornbread dressing or stuffing. Here, the author shares her version of an easy-to-follow recipe for dressing that has been passed down in her family for generations. But, she doesn't stop there, she offers the principles of how to custom tailor your dressing to suit the tastes of your family and friends. You will find *The Cornbread Bible: A Recipe Storybook* informative, entertaining and chock full of useful tips that will help you be a better cook while lowering your food budget at the same time. Scroll back to the top of the page and select the buy button to purchase.

## Book Information

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## Customer Reviews

I bought this two days ago when it was a special deal. My sister's always describing her latest experiment with cornbread and how great it tastes. This was just going to be my go-to cookbook for a basic cornbread recipe. I didn't realize that this would be such an enjoyable, heartwarming book to read. It reminded me that the best thing in life is family and the joy of living close to each other. The cooking part is great too. How to season your pan and the importance of heating it in the oven before filling. The whys of each ingredient and how that impacts the final taste. And a different recipe for each of her family members who wanted their cornbread cooked their way. My skillet and cornbread mix is out and ready to fix. I can't wait to try it.

I love cornbread, and I love stories. I like the trend in cookbooks to combine family stories with recipes. My mother's cornbread was the best ever, of course. She had a heavy aluminum pan with corn-shaped spaces to pour the batter. That meant every piece was mostly crust, my favorite part. She never tried to get creative with extra ingredients, just plain basic cornbread that tasted yummy. The book has several variations on basic cornbread that also look tempting. I expect to see more cornbread in my future.

The Cornbread Bible: A Recipe Storybook What a treasure this book is. Not only is it a recipe book for the best loved cornbread recipes but it's also a story book about the origins and other tales about the food. Love the differences between even the utensils used and the recipes are so easy to make. Had just had 2 cornbread muffins at the hospital last week and know I need to make some for

these cold winter days we are having. The recipe with broccoli would be just perfect for a meal. Some of the recipes use Jiffy as a starter.

Not unlike that fabled guy who reads Playboy "for the articles" I enjoy cookbooks for the stories. I cook little, but enjoy eating a lot, especially down home comfort food. The Cornbread Bible fits the palate wonderfully well. I was raised in Central Texas by my depression-era grandparents. This book is like a letter from home. Love the family stories, tasty - sounding recipes and would love a second helping.

When I was small a very special treat ( later I found out it was broke day before pay day!) We had what my Mother called "Johnny Cake". The only time she made it was for supper, and it would be served with a couple of sausages for Dad, and Mom and I would have margarine and home made syrup over large slabs of cake. It had a crunchy taste, and the marj. and the vanilla flavour home made syrup were great. I always wanted 2 slices but 1 and a bit was all I could eat. I hope to recreate that dish here. It was one of her depression menu items, only to be made in times of destperation I later learnt. Oh, have had it in resturants since. The last time was with a dish of chilli, but man that wedge of cormbread was dry, and nothing to help in no butter jam or anything else! Not my mother's at all. I was raised in Canada and cornbread really seems to be more of a souther states item. Now I can have it hot and with butter and syurp.

There is wisdom in this book - deep-seated, soulful, practical wisdom, the kind of wisdom that can only come from experience. There are also lots of great recipes that have clearly been handed down and refined over generations. In a humorous and light style, Dr. Shambrook tells us how we can better feed ourselves and in the process gives good advice and wise tidbits for every day living. I laughed out loud at her critique of the various cornmeal options (Jiffy = okay; Quaker not so much)! One caveat: Do not read this book on an airplane (or any other place remote from the possibility of finding or cooking good food), because it will leave you craving cornbread and the fixings to go with it!

The Cornbread Bible: A Recipe Storybook is exactly what it's title says. The stories are wonderful folk history. I could relate to some from my growing up and some had me laughing out loud. I have my own way of making cornbread (which, by the way, is similar to a recipe in the book) and I am particular about my cornbread skillet. This is a great read; the recipes look spot-on (although I

haven't tried anything new just yet). This is more than your average cook book.

I originally got this on my Kindle but decided on the print version too!!! Thought I might find it difficult to cook from a Kindle. While I have not actually cooked anything as yet, I truly enjoyed reading the recipes and stories as I was printing the paper version of the cookbook. Jen truly has a way with stories and this makes this cookbook even more enjoyable than those that just include recipes. How she does all she does amazes me!!!! I can't wait to try my first recipe for the next church social.

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